

Are you astute about fruit? True or False:



Cold Hard Fact

Praxair offers freezing options for everything from apples to zucchini. Our Individually Quick Frozen (IQF) systems effectively freeze delicate items like fruits and vegetables, providing maximum cryogen exposure for excellent product quality and yield.







- **1. FALSE** An average strawberry has 200 seeds. Plus, strawberries are the only fruit with seeds on the outside.
- 2. TRUE A serving of kiwi (about 2) has about 128mg of vitamin C, compared to 69.7mg of vitamin C in a medium-sized orange.¹
- 3. FALSE The most eaten fruit is the tomato (it's technically a fruit), with at least 170 tons produced every year.²

Did you know the answers?

Visit www.praxairfood.com/coldhardfacts for more produce facts.

Small, fragile items like produce can be tricky to freeze. Praxair offers cryogenic IQF freezing options that are ideal for these products as well as bite-sized meat portions, seafood, shredded cheese and more.

Our IQF systems keep pieces separate from each other—providing maximum exposure to the cryogen for a quick freeze. Product pieces are gently tumbled through the freezer, minimizing damage and improving yield. After freezing, pieces are ready for packaging with no clumps.

Let our experts help configure the **IQF system** that is best for your operation.

Put a little PRAXAIR in your process! Call 1-800-PRAXAIR today.



¹ 12 Foods With More Vitamin C Than Oranges, abc.go.com, October, 2013

² Why tomato is the world's favoured fruit, bbc.com, March, 2017